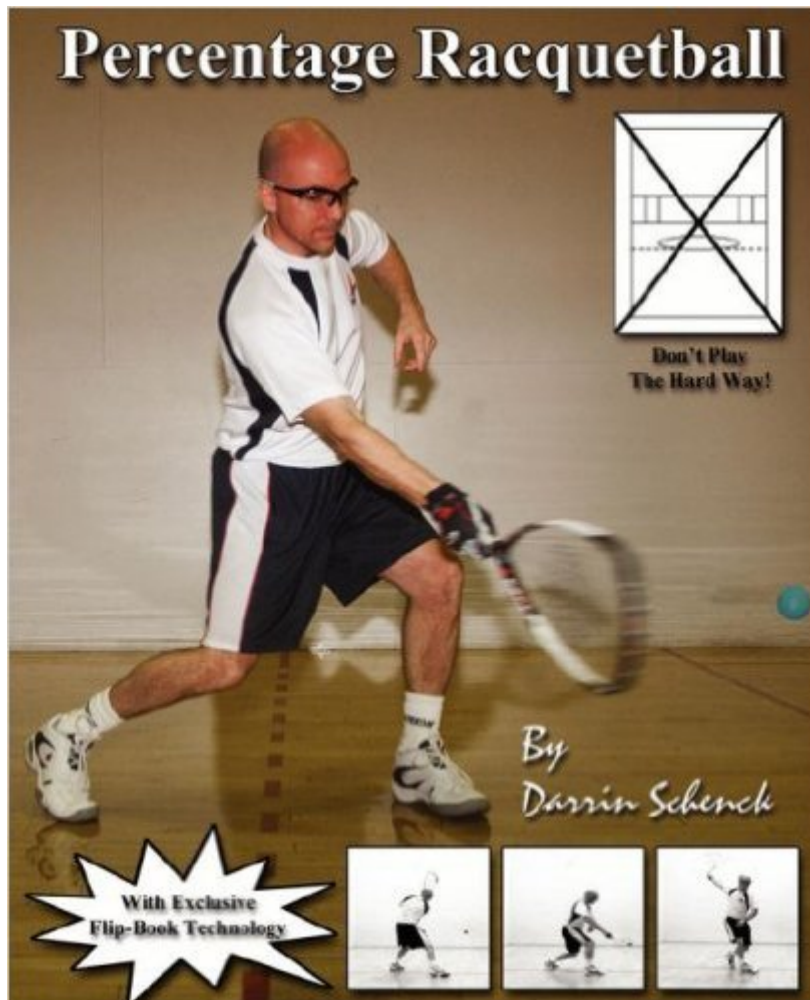


The book was found

Percentage Racquetball



Synopsis

The most comprehensive training and instruction book for Racquetball players. Voted by Racquetball Magazine as the best book for competitive players to own.

Book Information

Paperback: 284 pages

Publisher: IRT Player, Inc (March 21, 2008)

Language: English

ISBN-10: 0615189598

ISBN-13: 978-0615189598

Product Dimensions: 7.5 x 0.6 x 9.2 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (13 customer reviews)

Best Sellers Rank: #2,717,659 in Books (See Top 100 in Books) #25 in [Books > Sports & Outdoors > Racket Sports > Racquetball](#) #27998 in [Books > Health, Fitness & Dieting > Exercise & Fitness](#)

Customer Reviews

It is sort of hard to believe that the glowing reviews aren't from friends of the author. I was very disappointed with this book. Darrin is so self-confident and self-adulating throughout, as if he has invented something new with his "Percentage Racquetball" technique. In truth, the namesake chapter occupies only a few pages in the middle of the book, and otherwise it seems to be a typical racquetball book, covering everything from basic grips and strokes, to shot selection. However, compared to other texts I have, he really does not do a great job of describing shot mechanics. He just seems to leave out some details that a beginner or aspiring intermediate might not understand. Furthermore, while stating in his introduction that this book is for any player, he uses terminology, such as court terms, without definition. There is no glossary, and no index. Perhaps most insulting of all, the print is large, with big spaces between lines. Many pages are virtually blank, and the diagrams are amateurish. It looks as if he intentionally padded the pages to increase the page count. I can't blame him for promoting himself; he may be the only one to do so. My favorite in-print books: *Winning Racquetball* (Turner/Clouse) for the beginner, and *Championship Racquetball* (Davis/Mannino) for intermediate/advanced.

The content of the book, while there are obvious tips, is not particularly noteworthy. Also, in terms of

the other reviews, I noticed that the actual author reviewed his own book by pretending to be a reader. What kind of blatant scam is that.

...pure and simple. Darrin does a great job explaining how percentage racquetball works, and (while we will all make mistakes that lead to losing) how the system itself never fails. This book starts at the mechanics of making a good game, and goes forward from there all the way up to fitness for the game itself. Completely worth the read, there isn't a better book out there for this game.

Darrin Schenck presents a unique method of demonstrating proper technique through the use of Exclusive Flip-Book Technology. Do you remember making flip-book animations in grade school? Percentage Racquetball contains short video clips in the lower-right corner of each page that are easy to review on the racquetball court. Forward or backward, slow-motion or in real time -- it's fun, simple and effective. A must read!

I read this book when it first came out several years ago and once again recently with the revisions and I have to say it is great for getting you to think about the basics. We all develop bad habits and this book helps you break that chain. It worked for me. I highly recommend it to anyone of any skill level. Great book!

I had been playing racquetball for several years before came across this book. The book made me realize that most racquetball players (including myself) spend most of our time playing without a clear strategy and trying to hit impossible shots. No wonder it was so easy for me to get frustrated. Darrin's percentage system helped me simplify my grossly convoluted racquetball style. It taught me to hit simple, easy shots; and I now find myself playing calm and under control, and consequently winning a lot more rallies. This book is an excellent resource for the beginner player, and also has some excellent tips for the semi-veteran like me who needs to start thinking more and running less.

good book

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